

Nutrition Facts

Chocolate Chip

Serving Size 5 pieces (124g)
Servings Per Container about 3

Amount Per Serving

Calories 580
Calories from Fat 220

% Daily Value*

Total Fat 25g 38%
Saturated Fat 18g 90%
Trans Fat 0g

Cholesterol 85mg 28%

Sodium 190mg 8%

Total Carbohydrate 75g 25%

Dietary Fiber 3g 12%

Sugars 49g

Protein 5g

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		Calories: 2,000	2,500	
Total Fat	Less than	65g	80g	2%
Saturated Fat	Less than	20g	25g	10%
Cholesterol	Less than	300mg	300 mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4